

# Seeking the True Green

## A Santa Barbara City College Adult Education series

Now that almost everyone is claiming to be green we need to distinguish between what seems green and what is truly green. Learn how everyday decisions will make you healthier and happier while making our world a better place. Four weekly sessions with local experts will explore options for lifestyle, food, money and community.

**Thursdays in October, 5:30 -7:30 p.m.**

**The Faulkner Gallery, SB Central Library  
Class Instructor: John D. Kelley, Architect**



### L I F E S T Y L E

October 9, 5:30 - 7:30 p.m.  
Speakers: April Palencia & others  
Principles of sustainability and how to use your eco-footprint to model your lifestyle choices; how to make informed choices as a consumer; how to retrofit or remodel your home and garden in a healthy low-impact way.

### M O N E Y

October 23, 5:30—7:30 p.m.  
Speakers: DeAnn Bauer & others  
Information about green business practices and profits; options for green banking and investing; ideas about alternative money lifestyles.

### F O O D

October 16, 5:30—7:30 p.m.  
Speakers: Eric Lohela & others  
A brief overview of our industrial food system; an introduction to local and regional agriculture including community food-sheds; healthy, low-impact food choices and sources.

### C O M M U N I T Y

October 30, 5:30—7:30 p.m.  
Speakers: Heather Allen & others  
Ideas about how our community can be successfully adapted and transformed for a fossil-free future; topics will include local history, community wellness, housing, open space and mobility.



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